

Erith and District Swimming Club

Meet Results

White Horse League R4 16-Jul-11 [Ageup: 31/12/2011] SC Meters
Erith and District [EDSC]

Time	F/P/S	Relay	Place	Pts	Improv
Event # 1 Female 200 Free Relay 9-11					
2:26.29	S F	A Relay	Erith and District	2	5
	Ruby Verge (11)		Gabrielle de Souza Jacquet (11)		Jessica Clark (11)
		37.54 36.18 37.06 35.51	Georgia Burdett (11)		
Event # 2 Male 200 Free Relay 9-11					
2:23.23	S F	A Relay	Erith and District	3	4
	Alexander Song (11)		Lewis Hayes (10)		Tom Shea (11)
		34.83 36.03 36.00 36.37	Joseph Leigh (11)		
Event # 3 Female 200 Medley Relay 12-13					
2:43.17	S F	A Relay	Erith and District	6	1
	Olivia Fryett (13)		Olivia Maunders (13)		Amy Butterworth (13)
		40.54 45.69 40.68 36.26	Ashton Middleton (13)		
Event # 4 Male 200 Medley Relay 12-13					
2:36.25	S F	A Relay	Erith and District	3	4
	James Vick (12)		Joseph Leigh (11)		Alexander Song (11)
		41.31 43.80 35.64 35.50	Myles Ellis (12)		
Event # 5 Female 200 Free Relay 14-15					
2:11.14	S F	A Relay	Erith and District	5	2
	Holly Fryett (14)		Emily Bowles (14)		Emily Simmons (14)
		30.49 33.79 32.31 34.55	Sarah-Louise Shattock-Gomez (15)		
Event # 6 Male 200 Free Relay 14-15					
1:59.52	S F	A Relay	Erith and District	3	4
	Daniel Bassett (15)		Jack Capstick (15)		George Leigh (14)
		27.84 30.00 30.73 30.95	Anthony Noonan (15)		
Event # 7 Female 200 Medley Relay16 & Over					
2:19.98	S F	A Relay	Erith and District	4	3
	Rebecca Gravell (17)		Alexandra Bonner (18)		Holly Fryett (14)
		34.35 40.93 34.27 30.43	Caitlin Colman (16)		
Event # 8 Male 200 Medley Relay16 & Over					
2:08.03	S F	A Relay	Erith and District	4	3
	Michael Cook (20)		Conor Middleton (16)		Jack Capstick (15)
		29.98 35.51 32.15 30.39	Daniel Bassett (15)		
Event # 9 Female 50 Back 10-11					
41.09S		F	Verge, Ruby	3	4 1.39
Event # 10 Male 50 Back 10-11					
42.40S		F	Shea, Tom	3	4 1.74
Event # 11 Female 50 Breast 12-13					
47.34S		F	Maunders, Olivia	6	1 1.26
Event # 12 Male 50 Breast 12-13					
41.77S		F	Vick, James	3	4 1.54
Event # 13 Female 50 Back 14-15					

Erith and District Swimming Club**Meet Results**

**White Horse League R4 16-Jul-11 [Ageup: 31/12/2011] SC Meters
Erith and District [EDSC]**

Time	F/P/S	Relay	Place	Pts	Improv
37.10S	F	Shattock-Gomez, Sarah-Louise	6	1	0.48
Event # 14 Male 50 Back 14-15					
DQ	F	Capstick, Jack	---	---	---
Event # 15 Female 50 Fly 16 & Over					
35.22S	F	Colman, Caitlin	6	1	0.40
Event # 16 Male 50 Fly 16 & Over					
29.47S	F	Cook, Michael	3	4	-0.49
Event # 17 Female 50 Fly 10-11					
39.32S	F	de Souza Jacquet, Gabrielle	1	6	0.71
Event # 18 Male 50 Fly 10-11					
39.20S	F	Song, Alexander	1	6	0.26
Event # 19 Female 50 Back 12-13					
DQ	F	Fryett, Olivia	---	---	---
Event # 20 Male 50 Back 12-13					
41.67S	F	Vick, James	4	3	2.82
Event # 21 Female 50 Fly 14-15					
38.84S	F	Simmons, Emily	6	1	-1.14
Event # 22 Male 50 Fly 14-15					
31.75S	F	Bassett, Daniel	4	3	-0.69
Event # 23 Female 50 Back 16 & Over					
34.48S	F	Gravell, Rebecca	2	5	1.72
Event # 24 Male 50 Back 16 & Over					
29.61S	F	Cook, Michael	1	6	0.37
Event # 25 Female 50 Breast 10-11					
47.36S	F	Burdett, Georgia	3	4	0.49
Event # 26 Male 50 Breast 10-11					
43.27S	F	Leigh, Joseph	3	4	0.01
Event # 27 Female 50 Fly 12-13					
40.61S	F	Middleton, Ashton	4	3	3.07

Erith and District Swimming Club**Meet Results**

**White Horse League R4 16-Jul-11 [Ageup: 31/12/2011] SC Meters
Erith and District [EDSC]**

Time	F/P/S	Relay	Place	Pts	Improv
Event # 28 Male 50 Fly 12-13					
36.19S	F	Ellis, Myles	4	3	0.63
Event # 29 Female 50 Free 14-15					
DQ	F	Fryett, Holly	---	---	---
Event # 30 Male 50 Free 14-15					
27.87S	F	Bassett, Daniel	2	5	0.45
Event # 31 Female 50 Breast 16 & Over					
41.75S	F	Bonner, Alexandra	4	3	2.61
Event # 32 Male 50 Breast 16 & Over					
35.78S	F	Middleton, Conor	4	3	0.32
Event # 33 Female 50 Free 10-11					
36.37S	F	Verge, Ruby	4	3	1.34
Event # 34 Male 50 Free 10-11					
36.91S	F	Hayes, Lewis	4	3	1.29
Event # 35 Female 50 Free 12-13					
31.38S	F	Middleton, Ashton	2	5	-0.34
Event # 36 Male 50 Free 12-13					
32.26S	F	Ellis, Myles	3	4	0.38
Event # 37 Female 50 Breast 14-15					
40.78S	F	Fryett, Holly	4	3	0.59
Event # 38 Male 50 Breast 14-15					
38.04S	F	Noonan, Anthony	4	3	0.54
Event # 39 Female 50 Free 16 & Over					
31.56S	F	Gravell, Rebecca	5	2	0.95
Event # 40 Male 50 Free 16 & Over					
28.72S	F	Middleton, Conor	5	2	-0.50
Event # 41 Female 200 Medley Relay 9-11					
2:44.47S	F	A Relay	2	5	
Ruby Verge (11)		Erith and District			
		Georgia Burdett (11)			
40.82	47.51	39.42	36.72	Gabrielle de Souza Jacquet (11)	Jessica Clark (11)

Erith and District Swimming Club

Meet Results

White Horse League R4 16-Jul-11 [Ageup: 31/12/2011] SC Meters Erith and District [EDSC]

Time	F/P/S	Relay				Place	Pts	Improv
Event # 42 Male 200 Medley Relay 9-11								
2:44.18	S F	A Relay	Erith and District			3	4	
	Tom Shea (11)		Joseph Leigh (11)	Alexander Song (11)		Lewis Hayes (10)		
		42.52	44.16	41.09	36.41			
Event # 43 Female 200 Free Relay 12-13								
2:18.75	S F	A Relay	Erith and District			4	3	
	Ashton Middleton (13)		Olivia Maunders (13)	Olivia Fryett (13)		Amy Butterworth (13)		
		31.75	35.68	35.09	36.23			
Event # 44 Male 200 Free Relay 12-13								
2:21.02	S F	A Relay	Erith and District			5	2	
	Myles Ellis (12)		James Vick (12)	Alexander Song (11)		Lewis Hayes (10)		
		33.76	33.46	36.15	37.65			
Event # 45 Female 200 Medley Relay 14-15								
2:33.00	S F	A Relay	Erith and District			6	1	
	Emily Bowles (14)		Holly Fryett (14)	Sarah-Louise Shattock-Gomez (15)		Emily Simmons (14)		
		38.89	41.53	38.01	34.57			
Event # 46 Male 200 Medley Relay 14-15								
2:17.43	S F	A Relay	Erith and District			3	4	
	Jack Capstick (15)		George Leigh (14)	Daniel Bassett (15)		Anthony Noonan (15)		
		34.85	38.62	32.89	31.07			
Event # 47 Female 200 Free Relay 16 & Over								
2:04.15	S F	A Relay	Erith and District			4	3	
	Rebecca Gravell (17)		Caitlin Colman (16)	Holly Fryett (14)		Ashton Middleton (13)		
		32.00	31.24	30.37	30.54			
Event # 48 Male 200 Free Relay 16 & Over								
1:55.02	S F	A Relay	Erith and District			5	2	
	Michael Cook (20)		Conor Middleton (16)	Jack Capstick (15)		Daniel Bassett (15)		
		26.83	29.07	30.43	28.69			

Round IV Gala Result				Gala & League Points after Round IV of VI			
1	Orpington O'Jays	318	1	Orpington O'Jays	1132	43	
2	Bromley	302	2	Beckenham	1040.5	39	
3	Beckenham	257	3	Bromley	1046	38	
4	Erith & District	238	4	White Oak	816	31	
5	White Oak	208	5	Erith & District	793	27	
6	Saxon Crown	195	6	Saxon Crown	707.5	26	

The last gala of the season saw us back at Crook Log for round four of six of the White Horse League. Finally we seemed to get our act together and got the result we were looking for since round one, **finishing 4th** out of 6 clubs but remaining **5th in the league** with two rounds to go. I believe the gap now even to fourth place is too vast and so it seems this is the position we are now looking to defend.

We had **3 winners** on the night; **Gabrielle de Souza Jacquet** in her last gala for us and **Alex Song** (10/11 50m Fly) and **Michael Cook** returning to form (Open 50m Back). We also had 16 personal best performances from; **Emily Simmons**, **Daniel Bassett** whose hard work is paying off (15/u 50m Fly), **Ashton Middleton** (13/u 50m Free). In our relays; back from breaking her leg with a 5 second pb **Jessica Clark** (9-11 4x50m Free), **Olivia Maunders** (13/u 4x50m Med), **Holly Fryett**, **Sarah-Louise Shattock-Gomez** (15/u 4x50m Free), **Caitlin Colman** (Open Med), **Joseph Leigh** and **Tom Shea** (9-11 4x50m Free).

Erith and District Swimming Club**Meet Results**

**White Horse League R4 16-Jul-11 [Ageup: 31/12/2011] SC Meters
Erith and District [EDSC]**

Time	F/P/S Relay	Place	Pts	Improv
-------------	--------------------	--------------	------------	---------------

Unfortunately I do have to mention 3 disqualifications from Jack Capstick and Olivia Fryett for gliding into their backstroke turns and one that I didn't even see which was Holly Fryett's moving at the start. I'm very fair and if I believed she had done it I wouldn't say anything, but I really do not believe she did, which was made worse by the fact she won the race! In any event these three results would not have changed our overall position so it's not as big a deal as it has been at other recent galas.

Overall I was really pleased that we ended the season on a high as White Horse has been really tough for us this year. I want us to work really hard now and make sure that in the remaining two rounds we come 4th or above in both. I was really proud of our swimmers - they showed some great spirit on the night :)

Thanks to **Ruth Bassett** for filling in at the last minute on poolside :)

Steven O'Neill